

THE RABBIT HOLE EVENT

Our artwork is an artistic event called The Rabbit Hole, created by our organization, to bring together the Edinburgh community and make them feel united despite the isolation of the lockdown. “The Rabbit Hole” was a hunt organised in Edinburgh which involved finding two hidden boxes. The participants aimed to find the boxes, inserting in one a written note about their negative thoughts that occurred during the pandemic, while in the other one, the positive ones which helped to overcome them. In addition, the participants were asked to take a photo with open arms to simulate a virtual hug, with the final aim of creating a collage to encapsulate the event as whole, with both the deep thoughts and photos of the people who took part in the event. Our piece of art helped us keep ourselves busy, create a routine and put our creativity at the service of the Edinburgh community. Taking part and sharing our feelings wasn't easy. But, sharing our feelings was a liberating act that helped us to overcome our resistance to expressing ourselves and allowed us to use our creativity to help others and create a sense of community beyond virtual walls.

This piece meant a lot to us as it helped bring people, and us, closer together during the pandemic in a different way. Since, generally, most of the activities proposed to people, to keep them busy and make them feel less “isolated” during the lockdowns, have been virtual, we decided to create something different. We wanted to offer people a concrete, stimulating and fun activity and, above all, to keep the sense of community alive (obviously being careful to not go against any of the covid restrictions). The topics of the strengths and weaknesses, that invaded all of us during all the pandemic, were then touched through this event.

Sonia, Silvia and Federica (The Rabbit Hole staff)